

# Discover Pass

## 2022 FREE DAYS

January 1

January 17

March 9

March 19

April 22

June 11

June 12

June 19

September 24

October 10

November 11

November 25

Billy Frank Jr.'s birthday, Juneteenth and World Mental Health Day will replace the previously recognized springtime day (first Saturday in April), National Trails Day (first Saturday in June) and National Park Service birthday (Aug. 25). In addition, Friday, Nov. 25 will be formally recognized as Native American Heritage Day.

Billy Frank Jr. (1931-2014) was an environmental activist and former chair of the Northwest Indian Fisheries Commission. His lifelong dedication to protecting endangered salmon and restoring justice for the Nisqually Tribe helped shape Washington's environmental laws and expanded treaty rights for Native Americans nationwide. He was posthumously awarded the Presidential Medal of Freedom in 2015.

Juneteenth has been celebrated in Black communities since June 19, 1865, when enslaved people in Texas learned they were free. The news reached them two and a half years after the signing of the Emancipation Proclamation. Gov. Jay Inslee proclaimed Juneteenth a state holiday beginning in 2022.

World Mental Health Day was designated a free day to acknowledge the power of nature to restore mental health. Studies worldwide show time spent in nature increases serotonin and decreases cortisol levels, along with many other health benefits. Washington is a leader in the national ParkRx movement.

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